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Men, Love & Birth: The Book About Being Present at Birth That Your Pregnant Lover Wants You to Read

By Mark Harris, Denis Walsh

Pinter & Martin Ltd. Paperback. Book Condition: new. BRAND NEW, Men, Love & Birth: The Book About Being Present at Birth That Your Pregnant Lover Wants You to Read, Mark Harris, Denis Walsh, There's a wealth of information out there for expectant mums on pregnancy and birth, but so often the dad is left out of the conversation. Male midwife Mark Harris seeks to redress the balance with this new book, drawing on his decades of experience with couples as they make the transition to being new parents. Covering topics from massage to sex, and pain relief during labour to breastfeeding, this is a lively, honest and frank discussion of pregnancy and birth from a man's point of view. Mark explores how to harness the power of birthing hormones, how to remain calm and aware in the birthing room, how to communicate effectively, and ultimately how to live the process of becoming a father to the full.



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Reviews

Completely essential go through book. I actually have go through and i am sure that i am going to going to read yet again yet again later on. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Edwardo Rohan III**

The publication is great and fantastic. It can be filled with knowledge and wisdom You wont truly feel monotony at at any moment of your time (that's what catalogues are for about if you ask me).

-- **Dr. Marcos Grimes III**